## **Pirate Lunch Menu- February 2024**

## MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF SOME ITEMS

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Frito Salad, Catalina Dressing, Applesauce, Milk	2 Grill Cheese and Tomato Basil, Spinach Salad, Banana, Milk
5 French Dip W/Swiss Cheese Tossed Salad, Applesauce, Fries , Milk	6 Spaghetti , Tossed Spinach Salad, Italian Dressing, Garlic Bread, Orange Smiles, Milk	7 Hamburger, Fries, Salad, Mixed Fruit, Rice Krispy Treat, Milk	8 Chili Cheese Mac, Tossed Salad, Ranch, Grapes, Milk	9 Pizza, Pineapple Tidbits, Tossed Salad W/ Cherry Tomato Garnish, Milk
12 Egg Rolls, Fried Rice, Tossed Salad, Fresh Pineapple, Milk	13 Tater Tot Casserole, Spinach Salad, Mandarin Oranges, Milk	14 Uncrustable, Carrots, Apple Slices, Chips, Milk Half Day Release	15 Meatloaf, Mashed Potatoes, Green Beans, Roll, Apple, Milk	16 Cheesy Breadsticks, Broccoli & Carrots Cups, Pineapple, Chocolate Chip Cookie Bar
19 Cheese Burgers, Tater Tots, Salad, Applesauce Cup, Milk	20 Chicken Alfredo, Green Peas, Garlic Bread, Apple and Orange Cups, Milk	21 Meat Ball Subs, Chips, Carrot Sticks, Fruit, Milk	22 Chili Cheese Fries, Tossed Salad, Grapes, Milk	23 Chicken Fajita Pizza, Tossed Salad, Ranch, Orange Smiles, Milk
26 Chicken Nuggets, Fries, Fire Roasted Corn On The Cob, Milk	27 Mac And Cheese, Steamed Broccoli, Roll, Strawberries, Milk	28 Ham And Cheese Sub, Chips, Carrots, Apple Slices, Milk	29 Scallop Potatoes & Ham, Green Peas, Roll, Banana, Milk	



Lentils are this month's Harvest of the Month food. Did you know...

- Lentils are in the protein and vegetable food groups and were one of the first crops cultivated by humans.
- Montana is the top producer of lentils in the United States, producing almost 40% of the lentils grown in this country!
- Like other legumes, lentils add nitrogen to the soil, improving soil health. This makes them a good rotational crop with wheat and other grains.

To learn more about Montana Harvest of the Month visit: www.montana.edu/mtharvestofthemonth

## Pirate Breakfast Menu – February 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
			Apple Cinnamon Toast, Sausage Links, Cheese Stick, Milk (Contains Peanut Butter)	2 Everything Bagel W/ Vegetable Cream Cheese, Hard Boiled Egg, Milk
5 Brown Sugar And Butter Oatmeal, Toast, Bacon, Juice, Milk	6 Cinnamon Toast ,Apple Sauce, Yogurt, Milk	7 Cheesy Bacon Hash Browns, Strawberry Cups, Toast, Milk	8 Scrambled Eggs, Sausage Patty, English Muffin, Jelly,	9 Glazed Donut, Yogurt, Cheese Stick, Pineapple, Milk
12 Chicken & Cheese Biscuit Sliders, Grapes, Milk	13 Potato, Egg And Cheese Breakfast Tacos, Apple Slices, Milk	14 Blueberry French Toast Bake, Sausage Links, Milk	15 Avocado Toast, Sliced Tomatoes, Fried Egg Patty, Juice, Milk	16 Bacon Maple Bar, Yogurt, Juice, Milk
19 Cereal, Toast, Yogurt, Blueberries, Milk	20 Sausage, Egg And Cheese On A Biscuit, Hash Brown, Orange Smiles, Milk	21 Scrambled Eggs W/Potato Pancakes, Apple Slices, Milk	22 Blueberry French Toast, Sausage Links, Cheese Stick, Milk	23 Chefs Choice Muffins, Juice Yogurt, Milk
26 Egg and Vegetable Scrambled Eggs, Sausage Links, Peaches, Milk	27 Open Faced Bagel W/ Sliced Ham, Fried Egg and Cheese, Apple Slices, Milk	28  Banana Split Yogurt Parfaits  W/ Granola,  Juice, Milk	29 Strawberry Oatmeal, Toast, Orange Smiles, Milk	



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