


# Pirate Lunch May, 2024

MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF SOME ITEMS

Please know that we are using paper boat and disposable flatware at most schools due to remodeling no dishwashers available have been moved out and we are working around the construction to still be able to take care of students. Thank you for your patience.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Turkey And Cheese Sub, Chips, Carrots, Apple Slices, Milk	2 Hoagie Dip, Pita Chips, Tossed Salad, Celery And Carrots, Oranges, Milk	3 Hot Dogs, Chips, Cole Slaw, Pork and Beans, Fruit Salad, Milk
6 Ham Salad On A Croissant, Chips, Strawberries And Grapes, Garden Salad, Milk	7 Burrito Wrap, Tossed Garden Salad, Orange Smiles, Cookie, Milk	8 Italian Tomato Basil Wraps, Spinach Salad, Apricot Cups, Milk	9 Roast Beef And Swiss Sub, Chips, Tossed Salad, Banana, Milk	10 Peanut Butter Jelly Sand., Apple Slices, Chips, Carrots, Craisins, Milk
13 Philly Steak And Provolone Cheese Hoagies, Chips, Grapes, Celery and Cherry Tomatoes, Milk	14 Chicken Salad on Pita Bread, Cucumber Salad, Watermelon and Cantaloupe, Chips, Milk	15 Peanut Butter Jelly Sand., Apple Slices, Chips, Carrots, Craisins, Milk ½ day early release	16 BBQ Pork Burgers, Cole Slaw, Baked Beans, Banana, Chips, Milk	17 Loaded Chef Salad , Cinnamon Rolls, Flavored Apple Sauce, Milk
20 Cheese Burgers, Chips Salad, Applesauce Cup, Milk	21 Tortellini Salad, Dinner Roll, Spinach Salad, Orange Smiles and Pineapple Wedges ,Milk	22 Taco Wraps ,Southwest Corn Salad, Flavored Applesauce, Milk	23 Turkey And Cheese Sub, Chips, Carrots, Apple Slices, Milk	24 Strawberry Chicken Salad with Poppy Seed Dressing , Dinner Roll , Banana, Milk
27 Memorial Day No School	28 Roast Beef And Swiss Sub, Chips, Tossed Salad, Banana, Milk	29 Peanut Butter Jelly Sand., Apple Slices, Chips, Carrots, Craisins, Milk	30 Cheese Burgers, Chips, Pork and Beans, Tossed Salad, Applesauce Cup, Milk	31 Bacon, Lettuce and Tomato Wrap, Carrot Sticks, Chips, Mandarin Oranges w/ Pineapple, Milk

	<p>Lentils are this month's Harvest of the Month food. Did you know...</p> <ul style="list-style-type: none"> <li>• Lentils are in the protein and vegetable food groups and were one of the first crops cultivated by humans.</li> <li>• Montana is the top producer of lentils in the United States, producing almost 40% of the lentils grown in this country!</li> <li>• Like other legumes, lentils add nitrogen to the soil, improving soil health. This makes them a good rotational crop with wheat and other grains.</li> </ul> <p>To learn more about Montana Harvest of the Month visit: <a href="http://www.montana.edu/mtharvestofthemoth">www.montana.edu/mtharvestofthemoth</a></p>
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		1 Cereal, Toast, Sausage Links, Juice, Apple Slices, Milk	2 Nutri-Grain Cereal Bars, Yogurt, Cheese Cubes, Apples, Milk	3 Cinnamon Sugar Churros , Yogurt, Cheese Stick, Peaches, Milk
6 Cereal, Toast, Sausage Links, Juice, Apple Slices, Milk	7 Danish, Yogurt, Cheese Stick, Peaches, Milk	8 Pancake On A Stick ,Syrup Orange Slices, Yogurt, Milk	9 Cereal, Toast, Cheese Stick, Juice, Milk	10 Pancake Bites, Hardboiled Egg, Cheese Cubes, Applesauce, Milk
13 Sausage, Egg, And Cheese Biscuit, Orange Wedges, Milk	14 Very Berry Yogurt Parfaits, W/ Fruit Medley Granola In Waffle Bowl, Milk	15 Banana Bread, Orange Smiles, Yogurt, Milk	16 Muffin, Hardboiled Egg, Fresh Pineapple , Milk	17 Cinnamon Rolls, Cheese Stick, Strawberries, Juice, Milk
20 Cereal, Toast, Yogurt, Juice, Blueberries, Milk	21 Raspberry White Chocolate Scones, String Cheese , Peaches, Milk	22 Cereal, Banana, Hardboiled Egg, String Cheese, Milk	23 Boo Berry Yogurt Parfaits In Waffle Bowls, Juice , Milk	24 Cereal Bar, Hardboiled Egg, Grapes, Milk
27 Memorial Day No School Happy Birthday Wendy Morin- Food service Dept.	28 Cereal, Toast, Apple Slices, Cheese Cubes, Juice, Milk	29 Oatmeal Breakfast Round, Yogurt, Applesauce Cup, Milk	30 Cereal, Yogurt, Cheese Stick Strawberries, Milk	31 Dutch Waffles Dusted With Powdered Sugar, Mandarin Oranges, Cheese Stick, Milk



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- Lentils are in the protein and vegetable food groups and were one of the first crops cultivated by humans.
- Montana is the top producer of lentils in the United States, producing almost 40% of the lentils grown in this country!
- Like other legumes, lentils add nitrogen to the soil, improving soil health. This makes them a good rotational crop with wheat and other grains.

To learn more about Montana Harvest of the Month visit: [www.montana.edu/mtharvestofthemonth](http://www.montana.edu/mtharvestofthemonth)

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