


Pirate Lunch Menu- March 2024

MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF SOME ITEMS

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chefs Choice, Fruit, Vegetable, Dessert, Milk
4 Corndogs, Chips, Salad, Pork And Beans, Oranges Milk	5 Baked Potatoes and Tossed Salad, Ranch, Banana, Milk Sour Cream, Shredded Cheddar, Butter, Chives	6 Hamburger, Fries, Shredded Lettuce, Sliced Tomatoes Mixed Fruit, Rice Krispy Treat, Milk	7 Biscuits And Gravy , Potato Wedges, Applesauce, Milk	8 Pizza, Pineapple Tidbits, Tossed Salad W/ Cherry Tomato Garnish, Milk
11 Sausage Dog W/ Shredded Cheddar , Coleslaw, Chips, Applesauce, Milk	12 Chicken Teriyaki Over Rice, Tossed Salad W/Mandarin Oranges and Asian Dressing, Milk	13 Uncrustable, Carrots, Apple Slices, Chips, Milk	14 Tater Tot Casserole, Spinach Salad, Mandarin Oranges, Milk	15 Cheese Stuffed Breadsticks , Broccoli & Carrots Cups, Pineapple,
18 Cheese Burgers, Tater Tots, Salad, Applesauce Cup, Milk	19 Chicken Alfredo, Green Beans, Garlic Bread, Apple and Orange Cups, Milk	20 Turkey And Cheese Sub, Chips, Carrots, Apple Slices, Milk Early ½ Day Release	21 Chicken Nuggets, Fries, Fire Roasted Corn On The Cob, Milk	22 Strawberry Chicken And Feta Salad with Vinaigrette Dressing , Cinnamon Roll, Banana, Milk
25 Cheese Burger, Potato Salad, Oranges, Shredded Lettuce, Sliced Tomatoes, Milk	26 Mac And Cheese, Steamed Broccoli, Roll, Strawberries, Milk	27 Ham And Cheese Sub, Chips, Carrots, Apple Slices, Milk	28 Hamburger Gravy over Mashed Potatoes, Green Peas, Roll, Banana, Milk	29 Frito Salad, Catalina Dressing, Applesauce, Milk

	<p>Lentils are this month's Harvest of the Month food. Did you know...</p> <ul style="list-style-type: none"> • Lentils are in the protein and vegetable food groups and were one of the first crops cultivated by humans. • Montana is the top producer of lentils in the United States, producing almost 40% of the lentils grown in this country! • Like other legumes, lentils add nitrogen to the soil, improving soil health. This makes them a good rotational crop with wheat and other grains. <p>To learn more about Montana Harvest of the Month visit: www.montana.edu/mtharvestofthemonth</p>
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Pirate Breakfast Menu –March 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pancake On A Stick, Cheese Stick, Mandarin Oranges, Milk
4 Brown Sugar And Butter Oatmeal, Toast, Bacon, Juice, Milk	5 Southwestern Scrambled Eggs, Toast ,Apple Sauce, Milk	6 Pan Cakes, Sausage Stick, Orange Slices, Yogurt, Milk	7 Cereal, Toast, Cheese Stick, Juice, Milk	8 Glazed Donut, Yogurt, Cheese Stick, Pineapple, Milk
11 Sausage Gravy And Biscuit, Hash Brown, Juice , Milk	12 Yogurt Parfaits, Granola, Fruit, Milk	13 Blueberry French Toast Bake, Sausage Links, Milk	14	15 Cinnamon Rolls, Cheese Stick, Strawberries, Milk
18 Cereal, Toast, Yogurt, Blueberries, Milk	19 Sausage, Egg And Cheese On A Croissant, Hash Brown, Orange Smiles, Milk	20	21 Cereal, Yogurt, Banana,,	22 Chefs Choice Muffins, Juice Yogurt, Milk
25 Scones Sausage Links, Peaches, Milk	26 Bacon, Egg And Cheese Bagel, Apple Slices, Milk	27 Strawberry French Toast, Sausage Links, Cheese Stick, Milk	28	29



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- Like other legumes, lentils add nitrogen to the soil, improving soil health. This makes them a good rotational crop with wheat and other grains.

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